



UNIVERSITY OF ALBERTA

# Bachelor of Kinesiology

## Sport Performance

### Why study this program?

This program examines both the theoretical and practical aspects of the multi-faceted field of sport performance. This major is taken as part of a Bachelor of Kinesiology (BKin) degree, which takes an interdisciplinary approach to the study of human movement, examining both the arts-based and science-based aspects of Kinesiology and allows you to specialize in an area of study.

We also offer a BSc in Kinesiology degree, which takes a more science-focused approach.

### Why study at the University of Alberta?

The Faculty of Kinesiology, Sport and Recreation gives you access to all the state-of-the-art learning, research and athletic facilities at the University of Alberta, while offering small class sizes and specialized, interactive programs. With every degree program you'll gain foundational career skills and the opportunity to take classroom concepts into work environments.

### POSSIBLE CAREERS

- Biomechanics Technician
- Exercise Therapist
- Exercise and Fitness Specialist
- Kinesiologist
- Strength and Conditioning Specialist
- Youth Sport and Physical Activity Research Assistant

### Admissions Requirements for 2025 - 2026

#### One of the following courses

English Language Arts 30-1

#### One of the following courses

Computing Science ADV(CTS-5Cr)

Physics 30

Science 30

Biology 30

Mathematics 30-1

Chemistry 30

Mathematics 31

Mathematics 30-2\*

#### Two of the following subjects

Humanities

Languages other than English

Math/Sciences

#### One of the following subjects

Fine Arts

Physical Education

Math/Sciences

Year 1 Estimated costs

\$ 10,381.05

(all fees, books and tuition)